

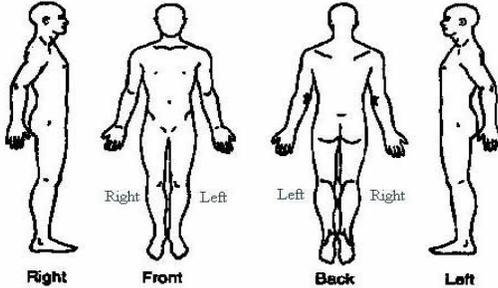


## Re evaluation report

**Patient's name:** \_\_\_\_\_ **M F** **DOB** \_\_\_\_\_  
**DOA** \_\_\_\_\_ **Exam Date** \_\_\_\_\_

**Subjective/Chief Complaint:**

**Nature of injury:**  DMV:  work injury  acupuncture for maintenance care



myofascial pain  
 If MVA: Pt was  A Driver  Passenger  
 Pedestrian  
 Pt Was  taken to the hospital  went home  
 Impact From The  Rear  Left  Right  Front

**Subjective:** Patient states that the degree of pain/discomfort in the following areas on the scale from 10 to 0 (10= severe pain; 5=moderate pain;0=no pain) is as follows -  
 Column 1:

**Zones/Zang-Fu affected:** YangMing-TaiYang-ShaoYang/

**Objective:** ROM is found to be as follows (Columns

2, 3, 4):

Pain location; pain index 1-10	Flexion/Extension	Rotation L/R	Bending, Abduction
Neck:L / R / B	N=60/75	N=80/80	N=45/45
LB:L / R / B	N=60/75	N=80/80	N=45/45
Elbow:L / R / B	N=150	N=80/80	
Wrist:L / R / B	N=80/70	N=20/30	
Hip: L / R / B	N=100/30	N=40/20	N=45/145
Knee:L / R / B	N=130		
Ankle:L / R / B	N= 20	N=45	
Shoulder:L / R / B	N=180/60	N=180/50	N=70/190

1. Headache: constant / intermittent on yangming/taiyang/shaoyang zones; dizziness, blurred vision.  
 Head injury/ loss consciousness during the accident, since then patient has headache and dizziness.

**Past medical history:** \_\_\_\_\_

**Objective/Physical examination:**

The patient underwent a thorough physical examination and appeared to be well developed and nourished. There are sprain/strain, pain/numbness, and muscle spasms/ trigger points as a result of Qi and Blood stagnation on the neck, MB, LB, shoulder, elbow, wrist, fingers, hip/thigh, knee, ankle, foot. Pain aggravated by movements. Active and passive range of motion is restricted in flexion, extension, bending.

1. There were strain/sprain cervical/ thoracic/ lumbosacral muscles and ligaments.
2. Active/passive ROM moderately/severely restricted in flexion, extension, bending and rotation at cervical/lumbar spine, shoulder, elbow, wrist, hip, knee, ankle due to pain and stiffness.
3. Pain aggravated by movements.

**Energy level:** High Medium Low at morning-day-night time. **Ancillary conditions:** anxiety, stress, insomnia, depression.

**Pulse:** \_\_\_ b/min **Quality:** floating-sinking, slow-rapid, empty-full, weak-strong, tight-wiry-Soft

**Tongue:** Shape (thin-swollen/toothmarks-flaccid-cracked-quivering-deviated) Color (pale-red-purple-blue) Coating (thick-thin-absent/yellow-white-grey-black) Moisture ( wet-dry-sticky)

**TCM Diagnosis;**

**Clinical diagnosis:**

Based upon the subjective complaints of the patient and objective examination findings, the patient appears to present the following clinical picture:

784.0 Headache	719.41 Shoulder pain
723.1 Neck pain	719.42 Elbow pain
723.2 MB pain	719.44 Hand pain
723.4 LB pain	728.85 Muscle spasm
719.45 Hip pain	716.90 Arthritis
719.46 Knee pain	724.3 Sciatic
719.47 Ankle/Foot pain	729.2 Neuralgia/Neuritis

**Remarks and treatment protocol**

The patient was educated of the importance of Traditional Chinese Medicine and after discussion agreed on the treatment plan. Presently, patient is suffering from post-traumatic Bi-syndrome. Beside the specific areas of pain/ discomfort described above, the patient's Qi and Blood circulation are impaired due to extreme physical and mental stress, in turn, causing severe energy disbalance. Acupuncture is going to be used to reestablish the normal function of the areas mentioned above. To promote blood and Qi circulation cupping, gua sha, shiatsu are indicated. For more pain relief UV-IR lamp, electrical stimulation, moxa are indicated.

Rendered today:

99201 Self limit Initial Consultation                      99203                      30min Initial Consultation  
 99202 20 min Initial Consultation

**Treatment plan:** \_\_\_\_\_ times a week for \_\_\_\_\_ weeks

97813                      Acupuncture,, one or more needles with electrical stimulation, initial 15 min of personal one-to-one contact with the patient.

97814                      Each additional 15 minutes, acupuncture with electrical stimulation, of personal one-to-one contact with the patient with re-insertion of needles.

97026                      Infrared therapy                      97139                      Cupping  
 99211-25                      5 min re-evaluation                      99212-25                      10 min re-evaluation

Method of threatment: gua sha, tuina. Bleeding, moxa, heat, shiatsu  
 Needles: 0.5", 1", 1.5", 2"

**Prognosis:** Good / Fair / Guarded / Poor

Licensed Acupuncturist

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